**Day Centre Services: 1A Broad Oak Way Stevenage SG2 8QL**

Our Day Centre in Stevenage is open on Wednesdays, Thursdays and Fridays from 10 am to 4 pm. We specialise in providing care and support to vulnerable adults in a warm and friendly environment. We can accommodate a maximum of 8 individuals, ensuring a personalised and attentive approach to each person's individual needs. The Day Centre has 2 accessible toilets, a dining room and a lounge with access to reclining chairs if needed. Each session is facilitated by two fully trained support workers. We are able to support individuals with their medication requirements if required. Individuals religious and cultural requirements are accommodated.

**An outline of a typical day in the Day Centre:** On arrival, hot and cold drinks are offered along with biscuits. Once everyone has arrived and are settled, an activity is facilitated by the support workers and is tailored to the interests of the individuals attending that day. Typical activities include Craft activities, quizzes, bingo, music, games and gardening. Lunch is served in our dining room; hot and cold drinks are provided. After lunch, more activities take place. Throughout the session, social interactions, choice and independence are encouraged.

In our main room we have a Tovertafel table. It projects a variety of different games onto a plain tabletop from a small box mounted on the ceiling. It then uses infrared technology, speakers and processor to make these games interactive and responsive to the movements and actions of the individuals around the table. They are enormously fun, and the games are diverse with fabulous colours and shapes. They are enormously engaging and encourage individuals to play, interact and enjoy the light show and challenges involved. They aim to help in three core areas: social, physical and cognitive.

**Transport:** For those residing in Stevenage, we may be able to arrange transport to and from the Day Centre. However, please note that a small charge will apply for this service. If the client lives outside of Stevenage, transport arrangements would need to be made by the individual.

**Lunch Options:** Clients have the choice to bring their own packed lunch or opt for a hot meal from HILs, our designated food provider. Please be aware that there is an additional cost associated if ordering meals from HILs (subject to confirmation from Hils) . On the 3rd Wednesday, Thursday and Friday of each month, we have a special fish and chip day when we purchase a meal of choice from a local fish and chip shop.

**Charges:** To ensure active participation and a sense of ownership, we involve both clients and our support workers in the planning and running of our Day Centre. We value the input of our clients, taking the time to understand their hobbies, pastimes, thoughts, and ideas. Our staff then tailor activities accordingly. A nominal charge per session £45 is applicable for our services.

**Visit Arrangements:** To ensure a smooth visit, we kindly request that you avoid scheduling your visit during our lunchtime hours. The best time slots for visits would be either 10:30 am to 12:00 pm or 1:00 pm to 3:00 pm. This will allow us to provide you with undivided attention and answer any questions you may have.

**Introductory Visit:**

We highly recommend an introductory visit to our Day Centre, which allows the client and their carer to experience the atmosphere and services firsthand. This visit will help you gain a better understanding of what we offer before deciding. If you decide to proceed, we will collect some basic information to ensure that the session is tailored to your individual needs and preferences.